

inform

Newsletter of the Home Economics
Institute of Australia (Qld) Inc.
April 2019



The April 2019 issue of *InForm* reports on the events that have already happened this year as well as the exciting events still to come in 2019. And indeed 2020. It reports on the HEIA(Q) Annual General Meeting and World Home Economics Day celebration, along with the presentation of the 2019 Queensland King & Amy O'Malley Trust scholars, all of which took place in March. We bring a number of home economics-related competitions to your attention as well as the HEIA(Q) 2019 state conference, the HEIA(Q) regional professional development program and the HEIA national 2020 conference. Be sure not to miss the Teacher Excellence Awards nomination form. There's so much happening! Please enjoy.

President

Rosemarie Sciacca

T 07 3348 8490 (H)

M 0418 775 142

E r_sciacca@hotmail.com (H)

Vice-President

Aileen Lockhart

T 07 3820 5888 (W)

M 0411 032 606

E ablockhart01@optusnet.com.au (H)

Treasurer

Madeline Fagan

E mlfagan75@gmail.com

Secretary

Nicole Hiskins

M 0439 758 523

E nhisk0@eq.edu.au

heiaq@heia.com.au (HEIA(Q))

Professional

Development Coordinator

Janet Reynolds

M 0400 628 880

E janetrey@ozemail.com.au (H)

Newsletter Editor

Janet Reynolds

M 0400 628 880

E janetrey@ozemail.com.au (H)

National Delegate

Kirsty Mills

T 0409 513 079

E kmill378@eq.edu.au

Other members of the

Committee of Management

Nikki Boswell

E boswell.nikki@gmail.com

Bronte Wills

E bwill269@hotmail.com

Kay York

M 0414 825 317

E kayyork@optusnet.com.au (H)

**Home Economics Institute
of Australia (Qld) Inc.**

PO Box 581
HAMILTON CENTRAL
QLD 4007

T 0484 143 795

E heiaq@heia.com.au

W www.heiaq.com.au

Regional coordinators

Brisbane North

Julie Nash

Hillbrook Anglican School

T 07 3353 0096

E julien@hillbrook.qld.edu.au

Brisbane South

Sue Smith

Clairvaux MacKillop College

T 07 3347 9200 (W)

M 0411 541 264

E sues@cvmck.edu.au

Brisbane West

Tanya McKenna

Ipswich State High School

T 07 3813 4431

E tmcke39@eq.edu.au

Cairns

Rebecca Rokocibi

Bentley Park College

T 07 4040 8111

E rroko2@eq.edu.au

Darling Downs

Mandi-Joy Meise

Fairholme College

T 0415 246 110

E mandi-joy.meise@fairholme.qld.edu.au

Gold Coast

Melinda Pascoe

All Saints Anglican School

T 07 5587 0357 (W)

E mpascoe@asas.qld.edu.au

Mackay

Romana Wallace

Mackay North State High School

T 07 4963 1666 (W)

F 07 4963 1600 (W)

E rwall113@eq.edu.au

Rockhampton

Derryn Acutt

The Cathedral College

T 07 4999 1300 (W)

F 07 4927 8694 (W)

E Derryn.acutt@tccr.com.au

Sunshine Coast

Rachael Beckett

Siena Catholic College

T 07 5476 6100

E Rachael.Beckett@bne.catholic.edu.au

Townsville

Wendy Owens

St Margaret Mary's College

T 07 4726 4900

E wowens@smmc.catholic.edu.au

Wide Bay

Renee Adams

Isis District State High School

T 07 4192 1222

E radam109@eq.edu.au

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From the President



Welcome to 2019 and what is set to be an invigorating year for HEIA(Q). My name is Rosie Sciacca and at the recent Annual General Meeting (AGM) I was elected President of HEIA(Q). For those who do not know me, I am a teacher at John Paul College in Daisy Hill. I love to collaborate and share practices with colleagues, I am a connoisseur of musical theatre, and have served in various executive roles on the HEIA(Q) Committee of Management over the past decade.

If you are like me, January seems but a distant memory. It has certainly been a busy few months for HEIA(Q). A key event on the HEIA(Q) calendar is World Home Economics Day. This year we celebrated the day exploring the Easton Pearson Archive at the Museum of Brisbane. This was a fantastic event both for learning and for catching up with colleagues. Another key part of the calendar is our regional workshop program. Workshops are already running throughout the regions, with outstanding evaluations being received from all workshops. If you have not booked your spot yet, do it now to avoid disappointment! Another professional-development opportunity not to miss is the HEIA(Q) state conference. Make sure you have Saturday 10 August 2019 noted in your diary. Registrations opened on Tuesday 23 April—get in quick to secure your earlybird rate and preferred concurrent sessions.

At our recent AGM, we farewelled members Sarah Brook and Kirsten McCahon and welcomed new members Nikki Boswell, Madeline Fagan and Bronte Wills. I would like to take this opportunity to thank outgoing President Kirsten McCahon for her empathetic and collaborative leadership of HEIA(Q) over the past two years and the mentoring she provided to facilitate the succession of executive roles. The transition of roles amongst the committee has provided the opportunity to reflect on our key priorities and to develop a new strategic plan with members' needs and the future of the Home Economics profession at its heart.

One key way to promote Home Economics and the fantastic work of our community is through awards and scholarships. For those aspiring to a middle or senior leadership position, I highly recommend applying for the HEIA 2019 NESLI Scholarships. Having been a recipient of the scholarship in the past, I can attest to the value of this program and the way it has helped me to understand myself and develop my attributes. Applications close on 31 May 2019. Another opportunity to consider is the HEIA(Q) 2019 Teacher Excellence Awards, with nominations closing on 1 July 2019. Through talking with members and engaging with the online community, it is clear we have some inspiring educators in our fold. If you know of a teacher, or two, that fulfils the criteria, nominate them now!

For more information about any of the above opportunities, please access the HEIA(Q) website or look out for information in our online communications. You will have noticed the new format for our email communications. Should you have any feedback to improve the way we engage with members, please get in touch.

I look forward to meeting you throughout the year at our various professional development and networking events. Please do not hesitate to contact me or others on the committee in the interim should you have any queries, concerns or feedback. As a committee we are always seeking ways to bolster the institute and to collectively strengthen the home economics profession.

Rosie Sciacca
President, HEIA(Q)

HEIA(Q)'s 2019 Annual General Meeting

A new President for HEIA(Q)

HEIA(Q)'s 2019 Annual General Meeting (AGM) was held on Tuesday 12 March 2019 at the Airport International Motel, Hamilton, Brisbane.

Outgoing President Kirsten McCahon chaired the AGM. Reports from the President, Secretary, Treasurer, Auditor, National Council Delegate, Newsletter Editor, Membership Secretary and Professional Development Manager were presented. Their reports celebrated the achievements and vast array of activities for 2018, identifying the successes and challenges for HEIA(Q) during the year and the challenges into the future. Highlights from the reports included financial stability, a solid membership base, a successful state conference, diversity of professional-development opportunities throughout the regions, and the successful use of technology—including Facebook, the website and email—to engage with members.

At the AGM we bid farewell to President Kirsten McCahon after three years of service—one as a member of the COM and two as President—with Rosemarie Sciacca taking over the reigns as President; to Cheryl Conroy after two years; and to Sarah Brook, who has now taken up a teaching position in Mount Isa, after one year as the student representative. Their contributions to HEIA(Q) during their time on the COM were acknowledged. We thank each one of them for their support of the institute and wish them all the best for their future endeavours.

This year, we welcomed new committee members Madeline Fagan who has taken on the role of Treasurer, Bronte Wills as student representative and Nikki Boswell as member of the Committee. Roles within the committee have also seen a renewal as Aileen Lockhart accepted the role as Vice President, Nicole Hiskins took on the role of Secretary and Kirsty Mills took on the role of National Delegate. Janet Reynolds and Kay York continued on the Committee. With its three new members, the collective experience of its members sees the COM well placed to advocate for Home Economics and to fulfil the objectives of the HEIA(Q) Constitution.

Dr Janet Reynolds
HEIA(Q) Committee of Management

2020 National Conference

28-30 Sept Brisbane Convention & Exhibition Centre 

home economics

Speak out

Get fired up!

igniting critical agendas

While retaining its historical focus on individual and family wellbeing, the Australian home economics profession has in its more modern history expanded its focus to include planetary wellbeing. The profession has so many extraordinary attributes to contribute to this overarching agenda. But our contribution to personal and planetary wellbeing requires us to proactively speak up—to challenge the status quo and to disrupt those systems, processes and policies that mould critical agendas in ways that threaten the basic rights of families, communities and populations—agendas such as keeping women safe from violence, achieving mental wealth for all, building sustainable and culturally fabulous food futures, addressing fast fashion’s shameful squandering of physical resources and abuse of human resources, and ensuring that artificial intelligence and other technologies work for and do not control the consumer, to name but a few. The aim of *Home Economics 2020: Igniting critical agendas* is to identify and ignite critical agendas relevant to Home Economics by engaging in deep dialogue to develop creative problem-solving solutions along with deep thinking about or participation in disrupting the status quo to create genuine, meaningful, positive change in the local and global communities in which we live and work.





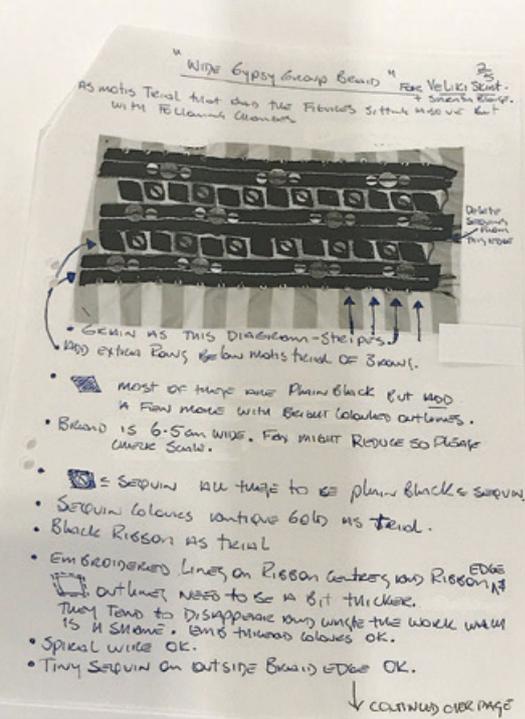
Celebrating

This year HEIA(Q) celebrated World Home Economics Day (WHED) on Friday 15 March 2019 at the Museum of Brisbane in Brisbane City Hall. HEIA(Q) members and their friends and family members had a fabulous evening celebrating the Queensland 2019 King & Amy O'Malley Trust scholarship recipients and taking an exclusive tour of *The Designers' Guide: Easton Pearson Archive* exhibition. Like many others enjoying Friday night in the city, those attending the function were forced to put up their umbrellas and jump puddles as a summer storm unleashed its fury on the happy city-goers. But it was well worth it.

Shortly after arrival, guests toasted World Home Economics Day, after which the Queensland recipients of the 2019 King & Amy O'Malley Trust scholarships were announced. This year's Queensland scholars are Phoebe Hanau, Amelia Ingram, Ionia McLay and Bronte Wills. Amelia and Phoebe were introduced and congratulated by the audience. Unfortunately, Ionia and Bronte were unable to attend. Congratulations to all four scholars; we wish you well along your paths and look forward to your contributions to the profession. As part of the formal proceedings, outgoing President Kirsten McCahon was thanked for her two years of service in that role.

Following a glass of sparkling wine and some delightful nibbles prepared by the museum's staff, the group was split into two to embark on *The Designers' Guide: Easton Pearson Archive* tour, with one group closely exploring the Easton Pearson design process and the other





World Home Economics Day

group touring the fashion exhibition. As noted on the Museum of Brisbane website, the storytellers of Australian fashion, Pamela Easton and Lydia Pearson's unique approach referenced art, travel, film, literature and music to create a bold aesthetic characterised by daring patterns, innovative materials, meticulous techniques and a sustainable ethos. With Pamela and Lidia hailing from Brisbane, many of those present had witnessed these amazing designers grow the Easton Pearson label and were saddened to hear that Easton Pearson ceased operation in 2016.

The exhibition was truly beautiful and an absolute treat for anyone with an interest in fashion and design. Pamela and Lydia had worked with the curators to select the designs they felt highlighted the greatest innovations of their design practice and to share the stories behind the evolution of each garment: the

design process, their techniques, collaborations, experimentation, successes and setbacks. Every garment had a story to tell, and they were often accompanied with accessories, lookbooks, sketches and range plans. *The Designers' Guide: Easton Pearson Archive* features 200 garments that reveal the artistry, techniques and demi-couture practices that placed the label at the forefront of Australian fashion from 1989 to 2016.

Whilst many would have been happy just to see the exhibition, the HEIA(Q) exclusive tour also took us behind the scenes to have a close-up look at some of the materials, lookbooks and more. Under careful instructions from our guide, participants donned the gloves provided to ensure they did not damage these archived treasures. This was a fantastic and valuable opportunity to explore Easton and Pearson's unique design process.

The Museum of Brisbane was delighted to have the opportunity to engage with teachers and therefore provided the facilities free of charge and were very accommodating of our needs. The staff were hospitable and knowledgeable and would welcome the opportunity to engage secondary students groups in similar tours and experiences. Should you wish to book a tour for yourself or your school group, please contact the Museum of Brisbane to see how they can accommodate your needs.

Thank you to Phoebe Connor from the Museum of Brisbane for providing this inspiring opportunity and to HEIA(Q) member Kirsten McCahon for organising such a fabulous event and respecting where the hearts and minds of so many home economics professionals are.



Introducing the 2019 Queensland King & Amy O'Malley Trust scholars



Phoebe Hanau

I am honoured to be a King & Amy O'Malley scholar again for 2019, my final year of my education towards becoming a home economics teacher.

My goal is to inspire the generations to come about the power of creativity and the endless possibilities in textiles and fashion. I am passionate about fashion and all things creative, and believe wholeheartedly that creativity is a powerful tool, which when released, can lead to a world of opportunities.

Over the past few years I have been involved with a number of community organisations and professional activities, including volunteering with Apex Australia Teen Fashion & Arts (AATFA), volunteering in the costumes department of the opening and closing ceremonies of the Gold Coast 2018 Commonwealth Games, entering fashion-design competitions, working as a home economics teacher aide, and facilitating fashion-illustration and digital-design workshops using Photoshop for senior students of Home Economics and Fashion. I look forward to continuing to support the home economics community as a teacher. Home Economics is more than teaching life skills—it enables students to think critically and creatively by developing their capacity to solve problems, which is a skill the value of which cannot be underestimated.



Amelia Ingram

Having graduated in 2018 from Year 12 from Tamborine Mountain State High School, I am now in my first year of a Bachelor of Nutrition and Dietetics at Griffith University on the Gold Coast. From an early age I learnt to cook and had a passion for creating healthy and fresh creations for my family. As I got older, and after reading numerous books on nutrition and miraculous treatments of disease with food, I developed this passion for the power of food on the body.

The need for proper education about food and nutrition to be made available to the diverse range of people and communities in Australia became evident when I worked as a food attendant at a popular restaurant on Tamborine Mountain. This setting allowed me to meet a wide variety of people and to develop my understanding of why people eat and their thoughts and feelings towards food.

I aspire to be an influential figure in the community, providing general knowledge to the public as well as specific guidance to individuals to improve their health and wellbeing. I feel honoured to be a King & Amy O'Malley Trust scholarship recipient and endeavour to uphold the O'Malley values and ethics as I strive to educate and assist people to help them achieve a higher quality of life.



**KING & AMY
O'MALLEY
TRUST**

2020 Scholarships

Available for Home Economics
and related areas of study

Visit www.omalleytrust.org.au for details



Ionia McLay

My name is Nia and I am studying a Bachelor of Education (Home Economics). I grew up wanting to be a chef, often spending many hours investigating sustainable cooking and trying sustainable recipes, using fresh produce from local gardens. I have always had a passion for the environment and actioning issues such as climate change. Originally, I wanted to be an environmental scientist, but my maths and calculus skills weren't great. After a period of working, I decided to study a Bachelor of Education (Home Economics). I am a dedicated student and have a history of academic achievement throughout high school. I was also fortunate to have teachers whose dedication inspired me.

I am looking forward to combining my skills and passion for food and cookery with sustainability and concern for the environment. I have a keen passion for Home Economics and volunteering activities in the Laidley community, including volunteering with Das Neumann Haus Tourism Centre.

I would like to take this opportunity to thank the King & Amy O'Malley Trust for the opportunities the scholarship allows me in furthering my study and career ambitions in Home Economics and to contribute to the field. I look forward to working in Home Economics in Queensland



Bronte Wills

My name is Bronte Wills, and I grew up in Central Western Queensland, in the small remote town of Barcaldine. In this tiny town I call home I was able to grow into the passionate and creative person I am today—and this is all thanks to the help of my family and my wonderful teachers. Whilst at school I worked with the utmost diligence to push myself to achieve great things. In 2016, my final year of high school, I was awarded Senior Dux, the Caltex Best All-Rounder and the prestigious Country Women's Association Award for Home Economics. I was also selected to be a King & Amy O'Malley Trust scholar. This was just the beginning of my relationship with the King & Amy O'Malley Trust.

Now, almost three years on, I have been fortunate enough to be awarded the King & Amy O'Malley Trust scholarship once again. This is a great opportunity for me, as it has allowed me to continue moving forward with my studies, and to fully immerse myself in my chosen field of secondary education, majoring in Home Economics. For me, Home Economics is far from just cooking and sewing; it is the blueprint of the modern world, as we know it. It is with my absolute pleasure, that I have the opportunity to pursue a career where I can not only exercise my own creativity, but also foster it in others. I believe that the creative nuances of the world are forever changing, and it is my moral duty as a home economics educator to create a platform where this creativity can be nurtured and guided, so it touches people far beyond the classroom. I will continue to uphold the values and goals of the home economics ethos, and of King and Amy O'Malley themselves, in an attempt to continue the work of this inspiring industry.

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AUG
27 save the date

Retirees' High Tea

This much-enjoyed event will be held again in 2019. The venue is the ever-popular Keri Craig Emporium, with a central position and easy access to transport.

The ambience seems to fit the occasion. If you are in contact with any retired colleagues, please alert them about this event and urge them to contact Denise McManus so they can be added to the database and receive information about it.



- Date: **Tuesday 27 August 2019**
- Time: **11.30 am**
- Venue: **Keri Craig Emporium
Brisbane Arcade,
Brisbane City**
- Cost: **\$40 approx. (final cost to be advised), including high tea, with a glass of sparkling wine on arrival**
- RSVP: **Tuesday 14 August to
Denise McManus
T 07 3865 1401
E zzdmcman@westnet.com.au**

Please advise any dietary requirements when replying.

Great News!

Exclusive 2019 scholarships are now available for HEIA women members to undertake leadership development

Great news! Once again, HEIA has partnered with the National Excellence in School Leadership Initiative (NESLI) to offer leadership scholarships for HEIA members.

HEIA 2019 NESLI Scholarships are now available for HEIA women members to undertake leadership development—two full and ten partial scholarships are currently available. These scholarships are available only to HEIA members.

All HEIA women members are invited to apply for a range of scholarship funding options that will support participation in either NESLI's Advanced Leadership Program (ALP) or Middle Leadership Program (MLP). The grants are allocated with the specific intent of providing powerful and effective development opportunities for HEIA women members. The scholarships available are:

- 1 full scholarship to the Advanced Leadership Program (ALP)
- 1 full scholarship to the Middle Leadership Program (MLP)
- 5 partial scholarships to the ALP
- 5 partial scholarships to the MLP.

Please go to www.nesli.org/hea to find more information and to register and receive an application form. Scholarship funding is strictly limited and expressions of interest close on Friday 31 May 2019.

Successful scholarship recipients will be announced at the 2019 HEIA(Q) state conference on Saturday 10 August 2019 at the Brisbane Convention & Exhibition Centre.

HEIA(Q) Committee of Management urges members to apply for the 2019 NESLI scholarships. When the scholarships were awarded in 2016, nine HEIA(Q) members were offered scholarships. Another four HEIA(Q) members were awarded scholarships at the HEIA national conference in 2017. Of the eleven 2018 scholarships, seven were awarded to HEIA(Q) members. Members are urged not to miss this opportunity to strengthen your professional standing, develop skills and enhance your profession.

Expression of Interest

Scholarship funding is strictly limited and expressions of interest close on Friday 31 May 2019. More information is available at www.nesli.org/hea, where you can complete your details to register your interest and receive the application form.

Program information

Women's Advanced Leadership Program (ALP)

The Advanced Leadership Program has been developed to meet the needs of a senior group of female school leaders.

Scholarships available for HEIA members:

- 1 x full scholarship
- 5 x \$2000 scholarships.

Standard enrolment fee:

- \$4190 + GST.

Program themes:

- Mindful and authentic leadership
- Conflict and feedback—the DNA of performance
- Mastering influencing and negotiation
- Leading innovation and change
- Creating my pathway

Suitable for

Senior women school leaders

Duration

Six months

Delivery format

Online.



Women's Middle Leadership Program (MLP)

This webinar-based program is designed to help aspiring and existing middle leaders to better understand and to take ownership of their role as leaders.

Scholarships available for HEIA members:

- 1 x full scholarship
- 5 x \$1500 scholarships.

Standard enrolment fee:

- \$2790 + GST.

Program themes:

- Leading from the middle
- Communication negotiation and influence
- Fostering exceptional teamwork
- Leading innovation and change

Suitable for

Emerging and middle women school leaders

Duration

Five months

Delivery format

Online



NATIONAL EXCELLENCE IN
SCHOOL LEADERSHIP INITIATIVE

HEIA(Q) Teacher Excellence Awards

It is time again to nominate your colleagues for HEIA(Q) Teacher Excellence Awards. This is an invaluable opportunity to recognise and celebrate the outstanding work done by home economics practitioners.

HEIA(Q) would like to acknowledge high-quality teachers within our profession, but we need your help. Please tell us about their activities and achievements by nominating them for an award.

The Excellence Awards will be presented at the HEIA(Q) state conference on Saturday 10 August 2018. Regional functions may be arranged to celebrate recipients from regional centres.

About the awards

Each year, nominations are invited for practising teachers who have in recent times demonstrated excellence consistently across several facets of home economics education, such as: teaching practice, curriculum development, student success and professional activities. Primary focus should be given to activities relating directly to home economics but may also include activities relating to, for example, hospitality and early childhood. Nominations must be made on the HEIA(Q) nomination form.

Selection criteria

Nominations must address at least two of the following three criteria comprehensively but be clear and concise, occupying no more than two A4 pages.

1. **Demonstrated** ability of the nominee to implement **high-quality and/or innovative teaching practice** to ensure maximum learning outcomes within a context of home economics
2. **Development** of a **high-quality and/or innovative curriculum** within a school-based environment – this could include the development of programs that relate to syllabus documents, work programs, or a contribution to syllabus development
3. **Contribution** to **professional activities** by **developing, facilitating or being involved in the implementation** of professional development opportunities for colleagues.

This is an invaluable opportunity to recognise and celebrate the outstanding work done by home economics teachers.

The nomination form can be found on pages 28 and 29 of this newsletter. Alternatively, go to the HEIA(Q) website Awards page at heiaq.com.au/about/awards/ where you will be able to read more about the awards and download the nomination form.

Nominations must be received no later than Monday 1 July 2019

Nominate now before the term gets away from you!

Wool4School 2019

Don't miss the chance to be part of Australia's number one student-design competition. Registrations are now open for the 2019 edition of Wool4School.

Why not enter your whole class? Lesson plans have been created in line with your state's curriculum, and by downloading the Wool4school **Teacher Booklet** or **Modified Booklet** you can easily adapt the lessons for your students. The first 350 teachers who register their classes will also receive free resource packs, filled with fabric samples, additional information to help them and their students, and more.

Registered teachers have the chance to win for their school: \$1000 in prize money, a Bernina sewing machine and a workshop for their students with a wool expert. We are once again proud to announce the **Whitehouse Institute of Design** as a returning partner, with the Year 12 Wool4School winner to be awarded a scholarship at this prestigious design school.

2018-19 Key Dates

Monday 3 December
Registrations/submission open

Thursday 30 May
Registrations close

Thursday 25 July
Submissions close

Thursday 22 August
Winners announced

To find out more go to
wool4school.com



WOOL4SCHOOL
DESIGN COMPETITION



heia(Q) State Conference 2019

Home Economics: CREATIVE cultures

10 August 2019 | Brisbane Convention & Exhibition Centre

Invitation to attend

On behalf of the Queensland division of the Home Economics Institute of Australia [HEIA(Q)], I invite you to attend the HEIA(Q) 2019 state conference at the Brisbane Convention & Exhibition Centre on Saturday 10 August 2019.

The 2019 HEIA(Q) state conference **Home Economics: Creative cultures** presents innovative ideas that lead to better processes, effective design solutions and stronger teams, with the added benefit of positive emotion. Studies suggest that even small acts of creativity in everyday life increase an overall sense of wellbeing, with people reportedly being energised when they engage in creative endeavours, along with improved productivity and higher levels of engagement. In line with the '7 secrets of highly creative cultures' (Harrison, 2013), *Home Economics: Creative cultures* aims to create an 'atmosphere of generosity' in exchanging ideas as a pathway to creating creative cultures.

Delegates will be encouraged to offer ideas and to be open-minded when receiving ideas, to welcome flexibility and change, to be open to departure from doing things the way they've always been done, and to engage in healthy debate about new ideas. Within the many cultural contexts of home economics—for example, family, food, textiles, pedagogy and curriculum—delegates will be encouraged to get the right balance of top-down and bottom-up ideas to develop real-world creative cultures in their personal and professional spaces.

Home Economics: Creative cultures will provide inspiration to promote exploration for new insights into creating personal and workplace cultures that foster acceptance, communication, implementation, and selling good ideas and making them happen.

I look forward to welcoming you to Brisbane for *Home Economics: Creative cultures*.

Ngaire Mayo Convenor, Conference Organising Committee

Program sponsor



Teacher education sponsor



Earlybird registration deadline
Friday 21 June 2019

Home Economics Institute of Australia (Qld) www.heiaq.com.au · heiaq@heia.com.au

Program

7.30 am– 8.20 am	Registration
8.00 am– 8.20 am	Welcome refreshments
8.30 am– 9.00 am	Welcome and opening Introduction of the 2019 Home Economics graduands HEIA(Q) Teacher Excellence Awards NESLI leadership scholarship recipients
9.00 am– 10.10 am	Keynote address <i>Nutrition and why it is so hard</i> Catherine Saxelby, Foodwatch <p>Should I go vegan? Should I follow a keto diet? Is eating raw food best? Does skim milk have more sugar than full-cream milk? The world of nutrition has become full of celebrity chefs and wellness bloggers. They offer alternative theories (fake facts) but also cause fearmongering, lack of trust, confusion and 'nutribollox'. Come with Catherine and hear about:</p> <ul style="list-style-type: none"> • five confusing cult diets from Paleo to quit-sugar and the communities that drive them • the rise of influencers in the post-truth era • the decline of the expert • the unique nutrition challenges for students in today's food landscape • the upcoming trends for 2020.
10.10 am– 10.40 am	Morning tea
10.45 am– 11.50 am	Concurrent session 1
11.55 am– 1.00 pm	Concurrent session 2
1.00 pm– 2.10 pm	Lunch
2.15 pm– 3.20 pm	Concurrent session 3
3.25 pm– 4.25 pm	Keynote address <i>Tipping the scales: Reporting on progress to address obesity in Australia</i> Jane Martin, Executive Manager of the Obesity Policy Coalition (OPC) and Alcohol and Obesity Policy, Cancer Council Victoria <p>Ten years ago a blueprint was prepared for Australia to address overweight and obesity through the Preventative Health Taskforce. Very few of its evidence-based recommendations were implemented. As a result, progress in this area has been piecemeal. Internationally, the evidence base has advanced and more blueprints for action have been developed. Some countries have developed comprehensive strategies to address the problems, including the United Kingdom, South Africa, Canada, Chile and Mexico. This presentation will outline the barriers and enablers to progress and examine the potential for implementation of strategies to address obesity prevention in Australia.</p>
4.25 pm– 5.30 pm	Close and closing drinks

About the keynote speakers

(in order of appearance)



Catherine Saxelby

B Sc, Grad Dip Nutrition and Dietetics (Sydney), AN, APD, MAIFST, Foodwatch

Catherine Saxelby is an accredited dietitian and nutritionist who has researched and written on almost all aspects of healthy eating. Her skill lies in translating scientific research into articles that the public can not only understand but also find fascinating. She is the author of 12 books including her latest, *Complete Food and Nutrition Companion* (Hardie Grant). Catherine runs her own extensive website offering nutrition information aimed at consumers (see www.foodwatch.com.au).



Jane Martin

BA (Hons), MPH, Hon Doc (Deakin), Executive Manager of the Obesity Policy Coalition (OPC) and Alcohol and Obesity Policy, Cancer Council Victoria

Jane's substantive role is to lead the Obesity Policy Coalition (OPC), a partnership between Cancer Council Victoria, Diabetes Victoria and GLOBE—the WHO Collaborating Centre for Obesity Prevention at Deakin University. The OPC advocates for policy and regulatory reform to prevent overweight and obesity, with a focus on food marketing, labelling and pricing measures. She oversees the Cancer Council's healthy weight campaigns and is involved in advocating for alcohol-policy reforms at the Victorian as well as at the national level.

For more than 25 years Jane has worked in public-health advocacy, including tobacco control, alcohol policy and obesity prevention. Her interests lie in advocacy, research, knowledge translation and partnerships to support reform. She is active in the media as a commentator and advises the federal and state governments on obesity policy. She collaborates on research grants and authors academic papers, blogs and opinion pieces.

Jane was awarded a Deakin Honorary Doctorate for her contribution to public-health advocacy in 2018. She is co-chair of the National Alliance for Action on Alcohol, President of the ANZ Obesity Society and a Churchill Fellow.

Presenters of concurrent sessions



Alison Taffe



Anne Mitchell



Ashley Jubinville



Cameron Turner



Dean Brough



Jill Shehab



Joel Gilmore



Kay York



Kirsten McCahon



Margaret Duncan



Mark Turner



Michelle Harris



Nadine Foley



Rosie Fatnowna



Naomi Zavackas



Natalie Wright



Nathan Johnson



Penny Braithwaite



Rosemarie Sciacca



Rycki Symons



Wendy Small



Mark Morrison

Concurrent session 1

10.45 am–11.50 am

1.1 Traditional versus contemporary plating for the 21st century

Alison Taafe, The Institute of Culinary Excellence

Join Alison Taafe, award-winning cookery teacher, published author of four cook books and the director of the number one culinary school in Australia—The Institute of Culinary Excellence, better known as ICE—on a journey of traditional vs contemporary plating for the 21st century. In this session, Alison will demonstrate up-to-date and in-vogue plating techniques and show how to make the same old dish go from old fashioned to funky, cool and trendy for today's ever-changing food scene.

1.2 Sweet science

Dr Joel Gilmore, The University of Queensland

In the world of confectionery, sugar is king. It can form crunchy crystals, be caramelised into toffee, or be carefully manipulated into forming hard candies. Underlying all of this are incredibly complex physics and chemistry. For the home chef, understanding the science behind the cooking can help them to produce sweet treats to rival those of any French patisserie; while for the educator, sugar provides an accessible, cheap and delicious way to demonstrate key scientific principles. In this presentation, Dr Joel Gilmore (physicist and co-host of *Food Lab* on SBS Food) will apply his entertaining and informative style to a range of recipes and physics ideas, with live demonstrations every step of the way! (This is a slightly updated version of the presentation Dr Gilmore made at the HEIA[Q] 2018 conference.)

1.3 The basics of food safety, spoilage and preservation

Associate Professor Mark Turner, The University of Queensland

Food poisoning is estimated to affect 4 million Australians each year, causing considerable health and economic impacts. Combined with the knowledge that around a quarter of all food is being wasted, this issue presents significant challenges to food scientists. In this session Associate Professor Turner will analyse some recent outbreaks of food poisoning and explore how food becomes unsafe, its causes and ways to prevent it. Mark will also explore spoilage of common food groups and traditional and modern preservation methods that can extend the shelf life of foods. This session is similar to the session presented in November 2018 at the University of Queensland Food and Nutrition Day.

1.4 The universe within: The role of the gut microbiota in health and disease

Professor Mark Morrison, Microbial Biology and Metagenomics, Diamantina Institute, The University of Queensland

We are constantly being flooded with information on how to improve our general health and wellbeing. But could it be that the real secret to a healthier self is actually already within us? This presentation will present an introduction to the technological advances unlocking the secrets of the gut microbiome, the new frontier in biomedical research, and how it may play a role in affecting health and quality of life.

1.5 Creating engaging and authentic design briefs

Dean Brough, Academic Program Director and Dr Natalie Wright, Senior Lecturer in Interior Design, School of Design, Faculty of Creative Industries, Queensland University of Technology

Design briefs in industry, as well as in educational contexts, form a critical part of the design journey. In industry the design brief informs the client, the designer and everyone else involved about the steps to be completed before, during and after the development and production of the project. In educational contexts the design brief not only facilitates and informs the design requirements but also acts as tool to engage learners and heighten their learning experience with authentic design-related activities. This interactive and hands-on workshop will provide concrete strategies to develop design briefs that bolster creativity in our youth.

1.6 Get in touch with your creative side—Printmaking

Jill Shehab, All Saints Anglican School

Try your hand at making stamps with new materials—foam and easy-carve rubber. These inexpensive and easy-to-use products can transform textiles. This hands-on session will see all participants walk away with a printed tote bag. If you are looking for a new addiction or you are interested in experimenting with the refashioned block-printing techniques that are trending now, this fun session is probably for you.

1.7 Developing excellence in teaching and learning for Years 7–10

Margaret Duncan, Curriculum Leader, Food & Textiles Technologies, Loreto College, Coorparoo

This workshop will highlight some of the topics covered in the 2018 regional workshops presented by Margaret Duncan. It will include developing task specific rubrics from the achievement-standards elaborations; understanding Marzano and Kendall's Taxonomy of Learning, the strategies for effective teaching by Marzano and Hattie; incorporating cognitive verbs in your teaching, learning and assessment; how to develop learning goals and success criteria; effective assessment design and problem-based learning. Samples of learning activities, assessment and other resources will be included in this workshop to improve teaching practice and to help teachers maximise students' engagement in their own learning.

1.8 Assessment for the new Senior Food and Nutrition syllabus

Penny Braithwaite, Queensland Curriculum and Assessment Authority (QCAA)

This session will assist participants to understand the processes involved in endorsement and confirmation. Penny Braithwaite will walk participants through using the Quality Assurance tool to check assessment before submission to QCAA. Part of this session will be devoted to teachers sharing assessment items with colleagues and gaining feedback from others using the Quality Assurance tool. Sample mock assessments will be discussed, along with how these can be used in the classroom to assist students to prepare for external exams.

1.9 Mock assessments—How to use them with students in Years 11/12 Food & Nutrition and in Years 11/12 Design

Kay York, Manager, HPE Technologies Learning Area Unit, Queensland Curriculum and Assessment Authority (QCAA)

QCAA is developing mock external assessments for each General senior syllabus, including *Food & Nutrition* and *Design*. These mock assessments will be available in Term 3 of 2019. Students and teachers will be able to use the mock assessments as resources to prepare for external assessment in 2020. In this session, participants will explore mock assessments, how they are constructed, how they could be used to inform student responses and how their responses are marked.

Concurrent session 2

11.55 am–1.00 pm

2.1 Gluten free! Simplifying the confusion about gluten-free foods and making them delicious, nutritious and easy to prepare

Ashley Jubinville, The Kitchen Coach

Join Ashley, The Kitchen Coach, for a deeper insight into the world of gluten-free cooking that actually tastes good and is simple enough for teens to make too! She will even sneak in some veggies without anyone noticing. Living with coeliac disease herself, Ashley speaks passionately about the practical side of gluten-free eating, to whom it applies, substitution options and the science behind it. Ashley will demonstrate and provide recipes for pan bread, crackers and choc-chip cookie dough.

2.2 The science of the perfect breakfast

Dr Joel Gilmore, The University of Queensland

Breakfast might not seem like the best time to conduct science experiments, but perfecting a meal takes work! In this session, Dr Joel Gilmore (physicist and co-host of *Food Lab* on SBS Food) will take delegates through his favourite weekend brunch and all of the science behind it. From the role of gluten in modern pancakes, to making your own mascarpone, to the how and why of pairing acidity and sweetness—every component of this dish is chock-full of science. Put together, it's a meal perfect for demonstrating both key principles of chemistry and the overarching scientific method—and it's delicious as well!

2.3 Teaching complex problem solving and entrepreneurship through Home Economics

Cameron Turner, The University of Queensland

Entrepreneur in Residence at the University of Queensland's Business School and founder of four start-up companies, Cameron will outline how home economics teachers can 'equip, empower and excite' their students to 'create their own destinies' by leveraging the rapidly changing futures of the food and textile industries. Following his great presentation at the HEIA(Q) 2018 conference, Cameron will discuss new food and textile innovations, and pedagogical approaches to training students to thrive in the rapidly evolving gig economy.

2.4 Cultivating a design culture

Rosemarie Sciacca, John Paul College

Cultivating a classroom culture that embraces design thinking is essential for effective and engaging learning within the Technologies curriculum. In this session, participants will explore design thinking and the design processes that underpin these curriculum documents, and will consider how these can be reflected in assessment and pedagogy. Delegates will have the opportunity to engage with a variety of learning experiences, assessments and other resources that facilitate the creation of a classroom-design culture where divergent thinking, collaboration, failure and feedback are embraced, not feared. This is an abridged version of Rosemarie's 2019 regional workshop.

2.5 Fashion illustration

Rycki Symons, Warehouse Studio ONE

Rycki will introduce delegates to the world of digital fashion illustration through Photoshop. He will demonstrate fashion tutorials that show teachers and students how to work with manual templates and how to use Photoshop to create stunning fashion illustrations for fashion design work and course curriculum. The tutorials build capacity and visual communication skills in digital presentation of fashion designs.

2.6 Fashion for the sun

Dr Janet Reynolds

In this session, Dr Janet Reynolds will provide a brief overview of the newly revised online *Fashion for the Sun* resource, followed by an explanation of the planning processes undertaken to ensure that the design challenges, research tasks, learning experiences, assessment and marking guides provided in the resource align with the Australian Curriculum. As such, the session will model a process that can be used for aligning Years 7–10 tasks with the Australian Curriculum and the QCAA standard elaborations. The design challenges for Years 11/12 students will also be showcased. This session is similar to a session offered at the HEIA(Q) 2016 conference when the resource was under development.

2.7 Endorsement processes

Kay York, Manager, HPE Technologies Learning Area Unit, Queensland Curriculum and Assessment Authority (QCAA)

Participants will review the process of endorsement from beginning to end. They will also take an in-depth look at the endorsement application in the QCAA portal, the resources available to schools, Endorsement Events, directives and how they are written.

2.8 Culture weave

Nadine Foley and Rosie Fatnowna, Culture Weave

Join the Culture Weave team for a practical, hands-on and creative weaving session that will equip delegates with strategies to embed indigenous perspectives into the classroom. This workshop aims to enhance delegates' knowledge about cultural awareness and open them up to experience a taste of Australia's First Nations' intrinsic woven artworks. This is a safe place (a yarnning circle) to break down common barriers and to connect with each other and challenge our passions in life.

heia(Q) State Conference 2019

Home Economics:
Creative
cultures

Concurrent session 3

2.15 pm–3.20 pm

3.1 Talking to an Executive Chef

Nathan Johnson
Group Executive Chef, McGuire Hotel Group

In this session Nathan Johnson will share his expertise and experience as an executive chef on three fronts. First, he will demonstrate basic knife skills for developing some simple dishes suitable for the school kitchen. Second, he will discuss menu trending—how those in the industry find out what is trending and how they go about implementing the trends, along with menu trends for different demographics and how menus are adapted to suit different regions. Finally, he will discuss what the industry expects from a young person entering the kitchen including expectations of their soft skills. Nathan will be talking from real life in this session.

3.2 Waste not, want not—Sustainable food use for better health and wealth

Naomi (Nims) Zavackas, Jam Pantry

The average Australian household throws away 25% of their weekly food shop. This is a significant volume of food and a huge waste of resources and money. In this session Nims will show some practical ways to get the most out of everything in the fruit bowl and crisper drawer. She will demonstrate how to use traditional methods of preservation to turn what is normally perceived as waste into magical fermented drinks, spreads for your toast, jars of crisp crudités for share platters and more. Nims will show how is not really that difficult to make our households more sustainable.

3.3 Meal kits cooked at home: A way to get people cooking? Or a flood of packaging?

Catherine Saxelby, Foodwatch

Meal kit companies like HelloFresh, Marley Spoon, Dinnerly, Pepper Leaf, The Cook's Grocer etc. send recipes and ingredients to make three, four or five meals per week to their customers' doors. Their customers cook meals that are not the same as those they would normally prepare. These meal kits are marketed to time-poor families with claims of minimal food waste and enabling them to try new cuisines. Come on a journey with Catherine and discover the best and worst of these meals in boxes, how they compare to chilled ready-meals either from a supermarket or home-delivered (for example, Youfoodz, Gourmet Dinner Service or Dinner Ladies), and how they stack up for ease of ordering, freshness, recipe accuracy and nutrition.

3.4 At the coalface: Sensory profiling and design thinking

Michelle Harris, San Sisto College, Carina

Promoting ownership for students of their own learning and developing articulate communication strategies are paramount to successful learning outcomes from Years 7–12. This session will explore activities and practices that develop the construction and use of high-level success criteria through investigation and sensory profiling. The activities and practices can be easily adapted across year levels and subject-area specialisations (design technologies, textiles, food & nutrition, fashion, and hospitality). NOTE: This session builds upon the Pecha Kucha segment of 2018 and complements aspects of Michelle's HEIA(Q) 2019 regional workshop 3.

3.5 How to teach design sketching skills

Stephanie Lawther, Innisfail State College

It is often a struggle to teach students in the junior years how to sketch their design ideas successfully. In this session, delegates will learn how to teach Years 7–10 home economics students to represent their design ideas using design ideation sketching in two and three dimensions. Stephanie will demonstrate tips and tricks to enhance design sketches for food and fashion design solutions, and will model skills that will help students thrive as they progress into the senior years.

3.6 Innovative technology for fabric design

Anne Mitchell, Genesis Creations

Suitable for any ability, this demonstration aims to inspire with creativity and skills that are great for the classroom. Using non-toxic, non-polluting colours and non-messy methods, Anne will demonstrate how to design stunning fabrics using a wide range of techniques to prepare one- and multi-colour samples to inspire students' individual creativity. Anne will discuss classroom set-up and simple 'found objects' that can be used to create a huge range of different effects. A handbook of support notes will be provided, along with fabric samples of the techniques demonstrated for you to prepare a folio for class teaching. This demonstration session will cover similar techniques to those in Anne's HEIA(Q) 2018 hands-on conference session.

3.7 Pecha kucha: The effective home economics classroom

Pecha kucha is a concise and fast-paced means of sharing ideas, strategies and information. In this pecha kucha, six Queensland home economics teachers will share their ideas about: explicit instruction models for developing skills associated with cognitive verbs in the junior school; improving writing skills for design folios in the Middle Years; a Year 7 curriculum plan, products and assessment for technology practices for Food and Health promotion; a Year 8 textiles assessment piece based on students using the design process to plan and create sustainable bags; an overview of a Year 10 Food and Nutrition unit centred around a muffin reformulation designed to meet the Smart Choices Policy, along with an assessment task aligned to the new senior instrument-specific marking guides; and revision strategies to prepare students for the examination tasks in the new Year 11/12 Food & Nutrition syllabus.

3.8 Introduction to Nelson Food & Nutrition for QCE 2019

Kirsten McCahon, Ferny Grove State High School and Kay York, Park Ridge State High School

In this session, two of the authors of Nelson *Food & Nutrition for QCE* Units 1–4 will provide a brief overview of the textbook, followed by a Q&A session to further support teachers who have been using or plan to use the textbook. Details will be sent to those registered for the session on how to submit their questions in advance. The overview will be similar to the Cengage presentation at the HEIA(Q) 2018 conference, but the Q&A session will replace the 2018 practical experiment. Copies of the textbook will be available for purchase at the conference trade display.

3.9 Sustainable fashion (wearable-art accessories)

Wendy Small, Reverse Garbage Queensland Co-op Ltd (RGQ)

With 80 billion pieces of clothing being discarded globally every year, slow fashion cannot be considered as just a passing fad—it is a necessity. In this presentation on slow fashion and wearable-art accessories, our Reverse Garbage Queensland facilitator will take delegates through the basic principles of creative reuse and how to apply these in the classroom. Wendy will demonstrate how to take a selection of RGQ's industrial discards, such as plastics or fabrics, and turn them into dramatic pieces such as statement jewellery or accessories.

Saturday 10 August 4.35 pm–5.30 pm

Plaza level, Brisbane Convention & Exhibition Centre

Complimentary for delegates; \$20 for additional guests; please register if attending

After a full day of stimulating and inspiring presentations, take time to relax with new and established acquaintances at the conference farewell function. To assist with catering, please ensure that you register if you will be attending.

Closing drinks

Registration information

Please go to www.heiaq.com.au/registration for full details.

Registration fees (per person)

Registration fees are based on the date of receipt of payment (not on the date of registration). All prices quoted are in Australian dollars and include 10% GST.

Registration type	Earlybird (up to 21 June 2019)	Standard (after 21 June 2019)
HEIA member	\$255	\$305
HEIA full-time student/ retired member*	\$170	\$220
Non-HEIA member	\$345	\$395
Non-HEIA member full- time student/retired*	\$230	\$280

Payment at the **Earlybird rate** must be received by **21 June 2019**, otherwise the standard fees will apply.

Entitlements

All registration categories include:

- attendance at all plenary sessions and a choice of three concurrent sessions
- refreshments upon arrival, morning tea and lunch
- closing drinks.

Additional tickets for closing drinks may be purchased for guests at a cost of \$20 per person.

To register

Complete the online registration form at www.heiaq.com.au/registration.

Online registration enables payment of your registration fees via MasterCard or Visa. Alternatively, delegates may choose to pay via cheque or EFT.

Registration acknowledgment

When you submit your registration details online, a confirmation letter and tax invoice/receipt will be emailed to you instantly. If you do not receive a copy of your registration confirmation at this time, please email heiaq2019@expertevents.com.au or telephone the conference secretariat, Expert Events on **07 3848 2100**. All acknowledgements and communications will be via email.

Payment of registration fees

Please note that registrations will not be finalised until payment in full has been received.

Cheque payments—

please make cheques payable to HEIA(Q)–PD.

Credit-card payments—

may be made by MasterCard or Visa. Payments will appear as Expert Events on your credit-card statement.

EFT payments—

banking details for payment by direct deposit will be shown on your invoice.

Changes to your registration

If you wish to make changes to your concurrent session selections once you are registered, you may sign in to your 2019 conference account with your email address and password. On the summary page select the 'Edit' button corresponding to the session you wish to update. If you have any difficulty with this process, please advise your requests for changes in writing to heiaq2019@expertevents.com.au.

Registration desk

The conference registration desk, where delegates will receive their name badges and satchels, will operate from 7.30 am on the Plaza level of the Brisbane Convention & Exhibition Centre.

Cancellations and refund policy

Cancellations must be advised in writing to heiaq2019@expertevents.com.au. Registration cancellations received up to **Friday 12 July 2019** will receive a refund of registration fees, less an administrative charge of \$55. Registration fees will not be refunded after **Friday 12 July 2019** unless extenuating circumstances apply and will be at the discretion of the Conference Organising Committee. Eligible refunds will be issued after the conclusion of the conference. Registrations are transferable to colleagues at any time prior to the conference, provided the conference secretariat is advised in writing.



General information

Disclaimer of liability

The HEIA(Q) conference reserves the right to amend the conference program. The Conference Organising Committee, the HEIA(Q) and the conference secretariat will not accept responsibility for any act or omission of speakers from the program. No liability will be accepted by the Conference Organising Committee, the HEIA(Q) or the conference secretariat, howsoever sustained by delegates or accompanying persons, for loss or damage caused to delegates' personal property as a result of the conference or related events, or in the event of industrial disputes.

Privacy policy

Upon registering to attend this conference, some of your personal details may be used to generate a delegate list (i.e., name, organisation, address and email address). This list will be distributed to other organisations directly related to the conference, such as sponsors and trade exhibitors. Please indicate on the registration form if you **do not** want your details to appear on the delegate list. In providing your email address, you agree to receive email correspondence in relation to this conference.

Please advise the photographer if you do not wish photographs that include you to be published in HEIA(Q) publications or on its website.

Conference venue

The conference will be conducted on the Mezzanine and Plaza levels of the **Brisbane Convention & Exhibition Centre**, at the intersection of Merivale and Glenelg streets, South Brisbane. Entry can be gained via the main foyer off Merivale Street. Undercover parking is available under the centre (see rates below, correct at time of publication). Parking, which may be metered, is also available in the streets nearby.

Parking rates: 0–2 hours \$15; 2–3 hours \$20; 4+ hours \$35; maximum daily rate \$35.

Dietary and other requirements

If you have any special dietary, mobility or other requirements, please indicate your needs on your registration form. The conference rooms are accessible by stairs, escalators and lifts.

Program sponsor



Blueprint Career Development has a 16-year working history with Queensland schools, so we understand the complexities and unique needs of students and teachers.

We offer VETIS-funded qualifications in hospitality and tourism and are the only registered training organisation (RTO) approved to offer Certificate II in Self Awareness and Development. We are proudly the first RTO in Australia to receive approval to deliver TAE40116 Certificate IV in Training and Assessment and our Accelerated Teacher Program is highly regarded in hundreds of schools.

Teacher education sponsor



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Trade exhibitors



Airport/hotel transfers

Brisbane Airport is approximately 20 km north east of the city centre (a 20–25-minute drive) with easy access to the city from the domestic and international terminals:

Bus	Con-x-ion Airport Transfers www.con-x-ion.com go from the airport to the CBD and major hotels, from \$20 per person one way.
Airtrain	www.airtrain.com.au goes to the CBD and South Bank Station, a short walk to the conference venue, seven days per week. A one-way single adult ticket is \$19 (return \$35).
Car hire	Avis, Hertz, Europcar and Budget have representatives at Brisbane Airport. Bookings can be made online through their respective websites www.avis.com.au , www.hertz.com.au , www.europcar.com.au and www.budget.com.au .
Taxi	Transfers are approximately \$50.
Uber	Transfers are approximately \$35.

See also the Brisbane Airport website www.bne.com.au/passenger/to-and-from/transport-options.

Trade exhibition

There will be a trade exhibition in the foyer on the Plaza level of the centre. Morning tea and dessert will be served in this area to enable participants to view the exhibition.

Conference secretariat

For further information or assistance with your conference registration, please contact:



E heiaq2019@expertevents.com.au
T 07 3848 2100
P PO Box 351, Hamilton Central Qld 4007



W www.heiaq.com.au
E heiaq@heia.com.au

Conference website and online registration is available at www.heiaq.com.au/events/conference.

Home Economics: Creative cultures

Home Economics: Creative cultures sparks plenty of creative thinking in Term 1

The theme of the HEIA(Q) 2019 regional professional development program is *Home Economics: Creative cultures*. Reports indicate that the workshops held thus far have certainly sparked a lot of creative thinking among the delegates who have attended. They have been exceptionally well received.

In the first term for 2019, there have been three full-day workshops (at Rockhampton, Toowoomba and Townsville) and two afternoon workshops (at Brisbane South and Brisbane North). The workshops in Rockhampton and Townsville were both held on a Friday, whereas Toowoomba elected to have theirs on a Saturday.

Term 1 workshop evaluations

Evaluations have been completed at all workshops to date. The responses have been amazing, as shown in the table below. Most sincere congratulations and thank you to all presenters for your amazing workshops.

Venue	Workshop	Participants	1	2	3	4	5	Avg
Rockhampton (Heights College)	Textiles and Fashion– Building capacity and creativity in Years 10, 11 and 12	19	-	-	-	4	9	4.7
	A fresh approach to Design Technologies and Food	19	-	-	-	4	8	4.7
Toowoomba (Fairholme College)	Textiles and Fashion– Building capacity and creativity in Years 10, 11 and 12	17	-	-	-	2	11	4.9
	Delving into Design	17	-	-	-	3	8	4.7
Brisbane South (Clairvaux Mackillop College)	Textiles and Fashion– Building capacity and creativity in Years 10, 11 and 12	25 (Full)	-	-	-	1	18	4.95
Townsville (Townsville Catholic Education Office)	Textiles and Fashion– Building capacity and creativity in Years 10, 11 and 12	20	-	-	-	4	6	4.6
	A fresh approach to Design Technologies and Food	20	-	-	-	3	8	4.7
Brisbane North (Hillbrook Anglican School)	A fresh approach to Design Technologies and Food	15	-	-	-	2	8	4.8

Table ratings 1=Very Poor, 2=Poor, 3=Average, 4=Good, 5=Very Good.

Brisbane South

On 21 March 2019, 25 design enthusiasts attended Jill Shehab's presentation *Textile and Fashion—Building Capacity and creativity in Years 10, 11 and 12* at Clairvaux Mackillop College at Mt Gravatt. Attendees came from as far away as Dakabin and Helensvale and many places in between. Everyone had a great afternoon. Jill was extremely interesting and inspiring and provided plenty of take-home information and experience. Jill used a well-explained PowerPoint to provide insight into how she successfully implements her program of study. She wowed us with her expertise in the classroom. This was followed by a practical session where paint, foam, rollers and cutting tools came out to play and we experimented with the modern (and easier) version of lino prints. While Jill moved around the room answering questions and providing good ideas, there was plenty of learning to be had from each other as well. Not only did we each produce samples to take home, we also had the benefit of seeing what others were working on. The workshop was successful, fun and informative, providing us with ideas that can go straight into the classroom.

We would like to thank Jill for giving up her time to help us build our capacity in this important area of the curriculum.

Sue Smith

HEIA(Q) Brisbane South Regional Coordinator

Rockhampton

On Friday 1 March 2019, 19 participants met at Heights College for a full day of professional development. Michelle Harris presented the first workshop, *A fresh approach to Design Technologies and Food*. The workshop outlined strategies to help students think more divergently when solving design problems. One of the strategies presented, SCAMPER—a framework for coming up with ideas—will be very useful when students are developing their design solutions. We also participated in developing ways to help students with sketching their design ideas. Part of the workshop was also devoted to sensory profiling and to strategies to develop students' vocabulary when evaluating foods.

The second workshop was *Textiles and Fashion – Building capacity and creativity in Years 10, 11 and 12* and was presented by Jill Shehab. The workshop was filled with strategies to inspire students to be more creative when responding to design briefs. A wide range of resources was available for participants to examine and take away for use with their students. Jill also explained and demonstrated some very useful sketching techniques.

Everyone enjoyed the day, both workshops were very well presented and everyone was appreciative of the time and effort the presenters put into preparing the resources.

Derryn Acutt

HEIA(Q) Rockhampton Regional Coordinator

Home Economics: Creative cultures

Regional Professional Development program

In line with the '7 secrets of highly creative cultures' (Harrison, 2013), the HEIA(Q) *Home economics: Creative cultures* regional professional development program aims to create an 'atmosphere of generosity' in exchanging ideas as a pathway to creating creative cultures. Delegates will be encouraged to offer ideas and to be open-minded when receiving ideas, to welcome flexibility and change, to be open to departure from doing things the way they've always been done, and to engage in healthy debate about new ideas. The program provides opportunities for professional learning that looks openly at new ideas related to design, food technologies, fashion, textiles and pedagogy.

Workshop registration

Please register online at the HEIA(Q) website: www.heiaq.com.au/events/workshops

To assist HEIA(Q) in streamlining the booking process, this year registration fees must be paid by MasterCard or Visa online during the registration process. That is, for the booking to be confirmed, payment must be made at the time of booking.

The final date for registration is seven days prior to the workshop date. You will be notified via email if a session is cancelled.

Cancellation and refund policy

Workshop cancellations must be made in writing to the HEIA(Q) workshop secretariat, Expert Events. A full refund will be made for cancellations received up to seven days before a workshop. No refund is available for cancellations received less than seven days before a workshop. Provided you advise the secretariat in writing, you may transfer your registration to a colleague at any time prior to a workshop.

Workshop registration and general enquiries

Please contact Expert Events:

T. 07 3848 2100
E. heiaqpd@expertevents.com.au
P. PO Box 351, Hamilton Central QLD 4007

Workshop 1

Textiles and Fashion— Building capacity and creativity in Years 10, 11 and 12

Presenter	Jill Shehab
Duration:	2.5 hours
Hours of PD:	2.5 hours

The benefits of creative activities, including sewing and embroidery, are gaining traction in the latest waves of educational research. Building capacity and creativity in the classroom through practical activities is an important part of our programs. This ideas exchange will include:

- how to create a virtual teacher
- how to develop and make printed fabrics through digital fabric designs and hand-printing techniques
- how to build skill and confidence in students' ability to express design ideas through fashion illustration by hand, and with Photoshop and other apps
- options for displaying student work
- writing design challenges that engage learners and respond to trends and sustainability issues.

The workshop will include hands-on activities.

Note: This is an extension of the extremely successful 60-minute session that Jill ran at the HEIA(Q) 2018 state conference in August 2018.

Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

- Standard 3:** Plan for and implement effective teaching and learning
- Standard 6:** Engage in professional learning
- Standard 7:** Engage professionally with colleagues, parents/carers and the community.

Workshop 2

Delving into Design

Presenter	Rosemarie Sciacca
Duration:	2.5 hours
Hours of PD:	2.5 hours

Design thinking and the design process are essential for effective and engaging learning within the Technologies curriculum and are explicitly explored in the newly introduced Senior Design syllabus. A focus on the process of design rather than the product empowers students to solve problems related to human needs through the application of key General Capabilities and 21st-century skills such as critical and creative thinking. To facilitate successful outcomes, it is imperative that learning and assessment experiences throughout Years 7-12 equip students with understanding, skills and the resilient mindsets required to embrace the design process. In this workshop, participants will delve into design thinking and the design process to unpack key elements to be embedded into curricula, assessment and pedagogy. Curriculum design in Years 7-10 will be a key focus, with strong connections to Senior Design emphasised throughout. The session will explore teaching practices that cultivate a design culture where divergent thinking, collaboration, failure and feedback are embraced not feared. Participants will have the opportunity to explore and engage with a range of learning experiences, assessments and other resources that can be implemented across the Technologies curriculum to improve student engagement and experiences in design thinking and learning.

Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

- Standard 3:** Plan for and implement effective teaching and learning
- Standard 6:** Engage in professional learning
- Standard 7:** Engage professionally with colleagues, parents/carers and the community.

Note: This workshop has been designed to complement rather than duplicate Workshop 3, which is also about Design.

Workshop 3

A fresh approach to Design Technologies and Food

Presenter	Michelle Harris
Duration:	2.5 hours
Hours of PD:	2.5 hours

As senior schooling moves further towards generating and developing authentic and viable design solutions, our ability to empower students to approach challenges in creative ways with confidence, independence and excitement is paramount to their successful learning outcomes from Years 7-12. This workshop will allow participants to view the design process specifically through the lens of food and nutrition, but with many clear opportunities for use in design, textiles and even philosophy classes in Years 7-10. It will highlight links to Years 11/12 Food & Nutrition and to Years 11/12 Design syllabi to further support those offering these new subjects. Participants will explore and engage in activities that develop divergent and higher-order thinking skills. Through investigation and sensory profiling, they will also explore the construction and use of high-level success criteria that can be easily adapted across the year levels. Resources to support safe feedback practices will be unpacked and approaches to student-led problem-based learning demonstrated. At the end of this workshop, participants should feel well equipped with practical, useful resources that are easily adaptable to a variety of teaching contexts, and be inspired to shut down the 'Princess Perfect' syndrome that can hinder creative solutions and re-awaken the power of childhood curiosity for our future designers and problem solvers.

Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

- Standard 3:** Plan for and implement effective teaching and learning
- Standard 6:** Engage in professional learning
- Standard 7:** Engage professionally with colleagues, parents/carers and the community.

Note: This workshop has been designed to complement rather than duplicate Workshop 2, which is also about Design.

Workshop 4

Developing excellence in teaching and learning for Years 7-10

Presenter	Margaret Duncan
Duration:	2.5 hours
Hours of PD:	2.5 hours

This workshop will focus on foundation teaching and learning for the Australian Curriculum to develop valuable knowledge and skills to prepare our students for the variety of pathways in Years 11 and 12. Topics covered in this workshop include understanding Marzano and Kendall's Taxonomy of Learning; Marzano and Hattie's strategies for effective teaching by incorporating cognitive verbs into teaching, learning and assessment; how to develop learning goals and success criteria; effective design of assessment; and problem-based learning. Samples of learning activities, assessment and other resources will be included in this workshop to improve teaching practice and to help maximise students' engagement in their own learning.

What to bring

- a USB drive on which to save resources made available by the presenter.

Professional standards

The workshop will focus on the following Australian Professional Standards for Teachers:

- Standard 3:** Plan for and implement effective teaching and learning
- Standard 5:** Assess, provide feedback and report on student learning
- Standard 6:** Engage in professional learning
- Standard 7:** Engage professionally with colleagues, parents/carers and the community.

About the presenters



Jill Shehab

Last year was Jill's 40-year anniversary as an educator and she continues to see herself as an apprentice facilitator. She believes there is always something new to learn and strategies to implement in supporting students through the problems they must solve in an ever-changing world. Most of Jill's working life has been in state education, teaching at Springwood State High School, Keebra Park State High School, Yarrabah Secondary Department, Miami State High School and finally at All Saints Anglican School for the past 15 years. She has enjoyed teaching all areas of Home Economics. Teaching textiles from a fashion, cultural and sustainable perspectives gets Jill excited. She has led home economics student tours to New Zealand and Japan, supported student involvement in Wool4School, the Apex Teenage Fashion Competition and Fleece to Fashion. She is a passionate hoarder (is that another word for collector?) of vintage sewing patterns and loves writing design challenges for practical tasks.



Michelle Harris

Michelle Harris is passionate about forging a strong community of practice within the realm of Home Economics—however that presents itself and continues to evolve. She strives to engage and empower staff and students alike to tackle new challenges with a sense of creativity and excitement. She loves robust conversation about the challenges that face our communities (life and learning), and finding ways to connect with those working in regional areas and unique circumstances. In her quest to learn more and to contribute Michelle has found herself on the HEIA(Q) conference committee, the panel for the King & Amy O'Malley Trust Scholarships, and the writing teams for the current Hospitality Practices SAS and Food & Nutrition syllabi; the District Review Panel Chair (DRPC) for Townsville and a member of the State Review Panel.



Rosemarie Sciacca

Rosie Sciacca is an enthusiastic home economics teacher whose passion is cultivating engaging and aligning curriculum, assessment and pedagogy. Throughout her teaching career, Rosie has taught in a number of schools, giving her a vast range of experiences in educational settings. For the past nine years she has been part of the Design Technologies team at John Paul College, Daisy Hill. Rosie has been a member of the HEIA(Q) Committee of Management for over a decade and is currently its President as well as being the Queensland Panel Chair for the King & Amy O'Malley Trust Scholarships.



Margaret Duncan

Margaret Duncan has over 30 years of teaching experience with 15 years as a Curriculum Leader of the Home Economics and Technologies: Food and Textiles departments at Loreto College in Brisbane. She has been the Home Economics District Review Panel Chair for Brisbane East since 2000 and is the author of the junior Home Economics text *Eating for life* (2009). Margaret has a Master of Health Science and has lectured in Home Economics curriculum at the Queensland University of Technology. She is very proud to once again be a part of the HEIA(Q)'s professional development team for 2019.

heia(Q) Professional Development 2019

Home Economics:
Creative
cultures

Regional Workshop

Costs, Venues And Dates

Costs

For a 2.5-hour afternoon program including afternoon tea:

Members	\$65
Non-members	\$90
Student members	\$40

For a full-day program including morning tea and lunch:

Members	\$140
Non-members	\$190
Student members	\$95

Term 2 workshops

Gold Coast

Workshop 2: Delving into Design
Tuesday 7 May 2019, 4.00–6.30 pm

Venue: All Saints Anglican School
Highfield Drive, Merrimac

Brisbane North

Workshop 2: Delving into Design
Monday 27 May 2019, 3.45–6.15 pm

Venue: Hillbrook Anglican School
45 Hurdcotte Street, Enoggera

Mackay

Workshop 2: Delving into Design and
Workshop 3: Developing Excellence in
Teaching and Learning

Monday 3 June 2019, 9.00 am–3.30 pm

Venue: Mackay North State High School
Valley Street, North Mackay

Sunshine Coast

Workshop 2: Delving into Design
Wednesday 5 June 2019, 4.15–6.45 pm

Venue: Sienna Catholic College
69 Sippy Downs Drive, Sippy Downs

Brisbane West

Workshop 3: A fresh approach to Design
Technologies and Food

Wednesday 26 June 2019, 3.45–6.15 pm

Venue: Ipswich State High School
1 Hunter Street, Brassall

Term 3 workshops

Cairns

Workshop 3: A fresh approach to Design
Technologies and Food **and**

Workshop 1: Textiles and Fashion—Building
capacity and creativity in Years 10, 11 and 12
Saturday 20 July 2019, 9.00 am–3.30 pm

Venue: Bentley Park College
McLaughlin Road, Bentley Park

Brisbane West

Workshop 1: Textiles and Fashion—Building
capacity and creativity in Years 10, 11 and 12
Monday 22 July 2019, 3.45–6.15 pm

Venue: Ipswich State High School
1 Hunter Street, Brassall

Gold Coast

Workshop 1: Textiles and Fashion—Building
capacity and creativity in Years 10, 11 and 12
Monday 29 July 2019, 4.00–6.30 pm

Venue: All Saints Anglican School
Highfield Drive, Merrimac

Sunshine Coast

Workshop 3: A fresh approach to Design
Technologies and Food
Wednesday 28 August 2019, 4.15–6.45 pm

Venue: Siena Catholic College
69 Sippy Downs Drive, Sippy Downs

Wide Bay

Workshop 3: A fresh approach to Design
Technologies and Food **and**
Workshop 1: Textiles and Fashion—Building
capacity and creativity in Years 10, 11 and 12
Saturday 7 September 2019, 8.30 am–2.45 pm

Venue: Isis District State High School
3 Ridgeway Street, Childers

Term 4 workshops

Brisbane South

Workshop 2: Delving into Design
Thursday 31 October 2019, 3.45–6.15 pm

Venue: Clairvaux Mackillop College
Klumpp Road, Upper Mt Gravatt



A fresh approach to the HEIA/McCormick Flavour Forecast Recipe Challenge

McCormick launches its 2019 Flavour Forecast® transformation

In early 2019, McCormick revealed it was jumpstarting a year-round, always-on approach to its nearly 20-year-old Flavour Forecast annual report. *Flavour Forecast*, which has always highlighted fresh flavour insights and inspiration from around the globe, will now convene in real time an evolving flavour conversation through podcasts, a video series, Instagram and Pinterest.

The McCormick® Flavour Forecast® platform is the destination for people everywhere who are passionate about knowing the latest in flavour—at restaurants, on retail shelves, in home kitchens and beyond. Flavour Forecast will feature quarterly, in-depth flavour topics and weekly inspirational ideas, plus share vibrant images and videos, educational podcasts, delicious recipes and insider content from a global community of experts, chefs, influencers and flavour forecasters.

The new, curated global platform is the place to discover what flavours are on the horizon, what everyone will be talking about, what we will be experimenting with and what flavours McCormick dares you to try now. McCormick invites everyone to join the conversation by following the @flavorforecast Instagram feed.

McCormick/HEIA 2019 Flavour Forecast Recipe Challenge

The new platform has resulted in a fresh approach for the McCormick/HEIA Flavour Forecast Recipe Challenge. In 2019 participating students will get to delve deep into two flavour trends.

Trend 1: Need for Seeds

Little package. Giant punch! We're talking seeds of the crunchy, citrusy, nutty, buttery and pungent form. It's time the whole world started sprinkling, cracking, crusting, toasting and, of course, eating them on everything—like overnight coconut guava basil-seed pudding, Cajun puffed lotus-seed snack mix and gomasio, a Japanese black-and-white sesame-seed seasoning blend. Seeds are food, fuel and flavour, and they give us texture, taste and wholesome goodness that make both sweet and savoury dishes pop.

In 2019, students have two very different design briefs to explore within the Need for Seeds trend:

Recipe option 1

Students are to develop a nutritious breakfast dish that incorporates an original seed blend.

The seed blend must contain:

- sesame seeds (white, black or both)
- at least two ancient seeds from the following:
 - fennel seeds
 - mustard seeds
 - coriander seeds
 - cumin seeds
 - caraway seeds
 - amaranth seed
- at least two spices
- an additional seed of choice that is not listed above.

The breakfast dish can be sweet or savoury. Seeds can be used whole, cracked or in powdered form. They can be roasted, cracked, pickled or prepared any other way.

Recipe option 2

Students are to prepare three different types of bite-sized snacks/appetisers that can be served as part of a tasting plate.

Each item must feature a different seed across the tasting plate (either in separate items, or all in one or two items). There must be:

- a seed-infused oil
- roasted seeds
- lotus seeds or basil seeds.

Trend 2: Mexicana Vegana

It seems we all love Mexican cuisine. It's one of the most beautiful, fresh and flavourful cuisines from around the globe and one of the fastest growing, too.

Also, more than ever, we are eating plant-based meals with a conscious focus on the environment and our wellness goals. Mexican + vegan! These two powerful foodie styles have finally become one. Start with traditional antojitos (small bites) so everyone can enjoy satisfying street food like tacos, tortas and tostadas the vegan way. With the essential spices and easy home-cooking techniques, you can recreate the taste, texture and appeal of Mexican-inspired meat entrees.

And, don't forget your sweet tooth—the classic tres leches cake finds its vegan side with coconut, cashew and almonds milk.

Recipe option 1

Students are to create a modern, savoury Mexican vegan dish. Using traditional spices and flavours, and creative cooking techniques, students are to recreate the traditional taste, texture and appeal of Mexican-inspired meat dishes using meat alternatives.

The savoury dish must be Mexican inspired and include:

- an original vegan mole (traditional Mexican sauce); see the Mexicana Vegana fact sheet for mole inspiration
- a vegan cream-like sauce creatively using one or more vegetables as the hero of the sauce
- a vegan product that has a meat-like texture—choose from one of the following: tofu, tempeh, seitan, jackfruit, young coconut flesh, mushrooms, eggplant or pulses.

Recipe option 2

Create a spiced biscuit or meringue and use it for texture, taste, mouth feel, and/or visual appeal in a vegan Mexican-inspired dessert, served with a side of flavoured vegan 'ice cream' and a vegan chocolate, caramel or fruit-based sauce.

The dessert must be vegan and Mexican inspired and include:

- a homemade spiced biscuit or meringue for texture, taste, mouth feel, and/or visual appeal
- a flavoured 'ice cream' (made from a vegan alternative)
- a chocolate, caramel or fruit-based vegan sauce
- at least two spices
- at least one fruit, which can be featured in the sauce, ice cream or main dessert.

What's involved?

Three original recipes are required. This means your entry will have two recipes from one flavour trend and one recipe from the other trend. The criteria remain the same as for previous years. All dishes must serve two, must fall within a budget of \$26 for all three dishes, and must only have one discretionary dish.

Additional resources available include handy recipes, fact sheets on some of the more unusual ingredients and four videos that provide some great background into the trends. Please contact neredith@marketmaker.com.au for a copy of your competition pack. Entries close on 18 October 2019.

Prizes

National school prize

The school with the national winning entry will receive a \$2000 gift voucher plus an HEIA one-year school membership (for up to six teachers at the school) valued at \$400. Visit heia.com.au to see the full membership benefits.

National student prize

The individual or team that submits the national winning entry will receive \$500 worth of gift cards. If a team wins, the \$500 will be distributed evenly amongst the team members.

State/territory school prizes

The winning entry from each state/territory (ACT/NSW, NT/SA, QLD, VIC/TAS, WA) will receive a Tupperware prize pack for the classroom valued at \$1360. In addition, each state/territory winner will receive a supply of McCormick herbs and spices for the classroom (valued at \$500).

Certificates

Participation certificates will be sent to all students who enter.



Calling All Creative Students!

Australia Teenage Fashion & Arts (AATFA) Youth Festival is a unique opportunity for 12-19 year old students interested in the fashion or design industries to demonstrate their skill and flair through a friendly competition. AATFA is an extraordinary co-curricular activity, which offers students the opportunity and encouragement to explore their creativity in the fields of fashion, design and textiles.

To some participants the AATFA Youth Festival is a boost to their confidence and self-esteem, as well as providing inspiration and the chance to grow. To others, it has been a stepping-stone into the world of fashion and design. Many past winners and finalists have progressed into the fashion industry, some to great heights, creating their own fashion labels while others have won scholarships to work in large fashion houses around the world.

MAKE AATFA YOUR CLASS PROJECT!



Why should your students participate in AATFA?

AATFA is a fantastic program set up by Apex to encourage youth and build self-esteem and confidence using the medium of design through the use of fashion and textiles.

It has been my great privilege to provide mentorship and advice to the secondary students who participate as entrants, especially those talented individuals who graciously progress through to the pinnacle of the event – the prestigious National Final.

Many students that I have met have grown in confidence and stature following their participation in this opportunity.

Accordingly, I fully support and endorse AATFA as an exceptional youth program that delivers real outcomes for the youth involved in addition to the volunteers who work together across the country to plan an amazing student festival of fashion.

Students often pursue further studies in fashion, art, and design related fields, and I applaud Apex for its continued investment in the youth of today.



Henry Roth
Speaker. Presenter. Mentor. Host.
www.henryrothpresents.com



Where Art

How do Students participate?

The competition comprises of four key categories:

Casual Wear

This category covers all general daywear including sportswear, beachwear, and leisure wear.

Formal Wear

This section covers all types of clothing worn to Balls or Gala events and includes garments suitable for after 5pm, graduation ceremonies or evening wear.

Wearable Art

This section allows the entrant's full creative talents to be paraded. Construction and material is left to the imagination of the entrant.

Society & Environment

This category allows the entrants to portray a garment depicting a civilization, a background or surrounding. This garment could be an opportunity for the student to make a statement on an issue that they are passionate about.



www.aatfa.org.au/enter



Queensland State Final



The AATFA Queensland Final is the preliminary event prior to the AATFA National Final, which is once again taking place at LCI Melbourne.

The Queensland Final will take place on the weekend of 13-14 September at the Mt Gravatt TAFE Campus (Brisbane). Please note that this is a ticketed event with all proceeds delivering AATFA Queensland's leading designers to the AATFA National event weekend on October 18-19.

Students are required to enter via online at aatfa.org.au. Once entry is completed the Student and Parent will be contacted with further information about their participation.

Entrants are encouraged to self-model their own designs; however garments are able to be modelled by persons other than the designer – please see the AATFA rule book for further details (aatfa.org.au/enter)



Hair & Makeup Artists



Studio Photography



Self Modelling Opportunity

Meets Fashion!



Home Economics Teacher Excellence Awards

HEIA(Q) would like to acknowledge high quality teachers within our profession, but we need your help. It's time to share with others the exemplary work done by home economics teachers. Please tell us about their activities and achievements by nominating them for a teacher excellence award.

Closing Date

Nominations must be received no later than

**Monday
1 July 2019**

The Queensland Division of the Home Economics Institute of Australia invites nominations for the **HEIA(Q) 2019 Home Economics Teacher Excellence Awards**. This is an invaluable opportunity to recognise and celebrate the outstanding work done by home economics practitioners. Home economics teachers contribute much to education in Queensland and this is one way the profession can acknowledge practitioners who excel in the field.

The Excellence Awards will be presented at the HEIA(Q) state conference on Saturday 10 August 2019. Regional functions may be arranged to celebrate awardees from regional centres.

Who are you going to nominate?

HEIA(Q) would like to acknowledge high-quality teachers within our profession, but we need your help. It's time to share with others the exemplary work done by home economics teachers. Please tell us about their activities and achievements by nominating them for a teacher excellence award.

Nominations are invited for practising teachers who have, in recent times, **demonstrated excellence** consistently across **several facets of home economics education**, such as teaching practice, curriculum development, student success and professional activities. Primary focus should be given to activities relating directly to **home economics** but may also include activities relating to, for example, hospitality and early childhood.

- Nominees must be financial (individual or school) members of HEIA Inc.
- A member who has received an HEIA(Q) Home Economics Teacher Excellence Award is eligible for renomination three years after receiving the award.
- A maximum of three awards will be presented annually. A panel will review the nominations.
- Nominations must address at least two of the three criteria comprehensively but be clear and concise, occupying no more than two A4 pages.
- You may nominate a colleague or yourself.
- Each nomination must be seconded by another member or a school representative such as the principal.

Selection criteria

1. **Demonstrated** ability of the nominee to implement **high-quality and/or innovative teaching practice** to ensure maximum learning outcomes within a context of home economics
2. **Development** of a **high-quality and/or innovative curriculum** within a school-based environment—this could include the development of programs that relate to syllabus documents, work programs, or a contribution to syllabus development
3. **Contribution** to **professional activities** by **developing, facilitating or being involved in the implementation** of professional development opportunities for colleagues

To nominate a colleague, please forward the completed nomination form and response to the selection criteria to:

Teacher Excellence Awards
Home Economics Institute of Australia (Qld)
PO Box 581
Hamilton Central QLD 4007
or scan and email to heiaq@heia.com.au

Home Economics Teacher Excellence Awards

Nomination Form

Nominee >

(person being nominated for the award – the nominee must be a member of HEIA(Q))

Name: _____

Tel (H)	Tel (W)	Mobile
_____	_____	_____

Email: _____

School: _____

School Address: _____

Number of years of home economics teaching experience: _____

Nominator >

Please note that the person proposing the nomination must be a financial member (individual or school) of HEIA Inc. The nomination must be seconded by another member or a school representative such as the principal. Members may nominate themselves.

Proposed by: _____

Signature: _____	Date: _____
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Telephone: _____

Email: _____

Seconded by: _____

Signature: _____	Date: _____
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Telephone: _____

Email: _____

Response to selection criteria

Please provide details of how the nominee has demonstrated excellence in home economics teaching in recent years (1-3 years). Include details of the activities undertaken by the nominee and his/her professional characteristics that indicate excellence. Where appropriate, please include the year of the activity.

Details of the nominee's activities/characteristics must address a minimum of two of the following selection criteria:

1. **Demonstrated** ability of the nominee to implement **high-quality and/or innovative teaching practice** to ensure maximum learning outcomes within a context of home economics
2. **Development** of a **high-quality and/or innovative curriculum** within a school-based environment—this could include the development of programs that relate to syllabus documents, work programs, or a contribution to syllabus development
3. **Contribution to professional activities** by **developing, facilitating or being involved in the implementation** of professional development opportunities for colleagues

The primary focus should be given to activities relating directly to home economics, but may also include activities relating to, for example, hospitality and early childhood. Nominations should be comprehensive but clear and concise, occupying no more than two A4 pages.



heia(Q) Diary Dates

7 APRIL 2019

WORLD HEALTH DAY

<https://www.who.int/campaigns/world-health-day/world-health-day-2019>

7 MAY 2019

HEIA(Q) REGIONAL WORKSHOP

Gold Coast
Workshop 2: Delving into Design
4:00–6:30 pm
All Saints Anglican School
Merrimac
15 May
International Day of Families
<https://www.un.org/en/events/familyday/>

27 MAY 2019

HEIA(Q) REGIONAL WORKSHOP

Brisbane North
Workshop 2: Delving into Design
3:45–6:15 pm
Hillbrook Anglican School
Enoggera

3 JUNE 2019

HEIA(Q) REGIONAL WORKSHOP

Mackay
Workshop 2: Delving into Design and
Workshop 3: Developing Excellence in Teaching and
Learning
9:00 am–3:30 pm
Mackay North State High School
North Mackay

5 JUNE 2019

HEIA(Q) REGIONAL WORKSHOP

Sunshine Coast
Workshop 2: Delving into Design
4:15–6:45 pm
Sienna Catholic College
Sippy Downs

26 JUNE 2019

HEIA(Q) REGIONAL WORKSHOP

Brisbane West
Workshop 3: A fresh approach to Design Technologies
and Food
3:45–6:15 pm
Ipswich State High School
Brassall

20 JULY 2019

HEIA(Q) REGIONAL WORKSHOP

Cairns
Workshop 3: A fresh approach to Design Technologies
and Food and
Workshop 1: Textiles and Fashion—Building capacity
and creativity in Years 10, 11 and 12
9:00 am–3:30 pm
Bentley Park College
Bentley Park

22 JULY 2019

HEIA(Q) REGIONAL WORKSHOP

Brisbane West
Workshop 1: Textiles and Fashion—Building capacity
and creativity in Years 10, 11 and 12
3:45–6:15 pm
Ipswich State High School
Brassall

29 JULY 2019

HEIA(Q) REGIONAL WORKSHOP

Gold Coast
Workshop 1: Textiles and Fashion—Building capacity
and creativity in Years 10, 11 and 12
4:00–6:30 pm
All Saints Anglican School
Merrimac

10 AUGUST 2019

HEIA(Q) STATE CONFERENCE

Brisbane Convention and Exhibition Centre

27 AUGUST 2019

RETIRES' HIGH TEA

11:30am, Keri Craig Emporium, Brisbane Arcade,
Brisbane City
\$40 approx. (final cost to be advised), including high tea,
with a glass of sparkling wine on arrival
RSVP Tuesday 14 August to Denise McManus
T 07 3865 1401, E zzdmcm@westnet.com.au
Please advise any dietary requirements when replying.

29 AUGUST 2019

HEIA(Q) REGIONAL WORKSHOP

Sunshine Coast
Workshop 3: A fresh approach to Design Technologies
and Food
4:15–6:45 pm
Sienna Catholic College
Sippy Downs

7 SEPTEMBER 2019

HEIA(Q) REGIONAL WORKSHOP

Wide Bay
Workshop 3: A fresh approach to Design Technologies
and Food and
Workshop 1: Textiles and Fashion—Building capacity
and creativity in Years 10, 11 and 12
8:30 am–2:45 pm
Isis District State High School
Childers

16 OCTOBER 2019

WORLD FOOD DAY

<http://www.fao.org/world-food-day>

31 OCTOBER 2019

HEIA(Q) REGIONAL WORKSHOP

Brisbane South
Workshop 2: Delving into Design
3:45–6:15 pm
Clairvaux Mackillop College
Upper Mt Gravatt